

# AFTERCARE BENEFITS INITIATIVE (ABI): FREE HEALTH BENEFITS FOR FORMER ONTARIO YOUTH IN CARE



**ARE YOU A YOUNG PERSON UNDER 25 YEARS OF AGE WHO WAS EITHER A FORMER YOUTH IN EXTENDED SOCIETY CARE IN ONTARIO OR ADOPTED ON OR AFTER JUNE 1, 2016?**

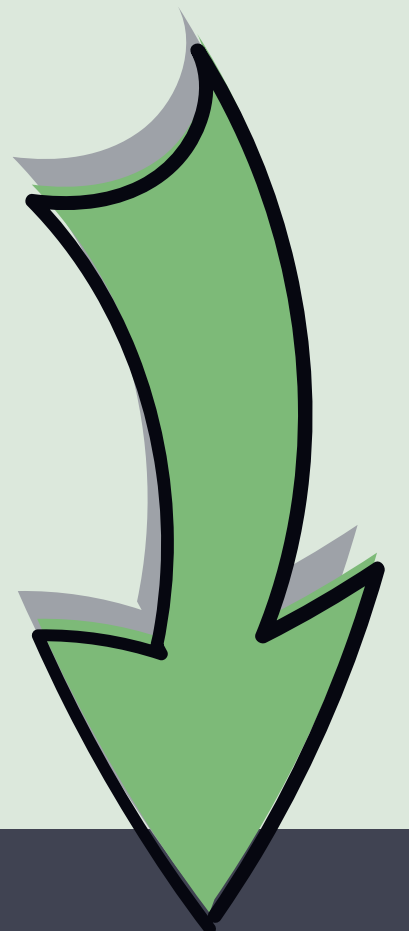
If yes, then you might qualify for the Aftercare Benefit Initiative (ABI), a program offering health, dental, counselling and life skills support services to eligible youth at no cost.

Benefits include things like:

- prescription drugs
- dental and vision care
- professional services (e.g., massage therapy and physiotherapy)
- financial planning
- smoking cessation
- nutritional coaching
- stress management

Between 25-29 but still meet these criteria? Then you can still qualify for the counselling and life skills benefits.

Learn more at [oacas.org/abi](https://oacas.org/abi).



Find out if you're eligible to join at [oacas.org/abi](https://oacas.org/abi) and if you are, complete the online application. And don't forget to get your worker to complete a verification on your behalf!

Full program details are available at [oacas.org/abi](https://oacas.org/abi) or email [abi@oacas.org](mailto:abi@oacas.org).

## **Important!**

ABI is 100% funded by the Ministry of Children, Community and Social Services. There is no cost to join, and all eligible expenses are fully funded.